



*The heart is delicate.
And so is the care we give it.*

Since 1980, *Florida Hospital Memorial Medical Center* has performed more cardiac catheterizations than any other hospital in Volusia County. And studies have proven the more procedures you do, the better outcomes for patients.

From angioplasty to open-heart surgery to cardiac rehab, the experienced staff at *Florida Hospital Memorial* has nearly three decades of experience in helping people with heart problems. High-tech diagnostics can mean finding the problem faster. Innovative procedures can mean fixing it better. Our cardiac resources do both.

Join us this February and discover what you can do to lower your family's chance of developing heart disease. After all, we're just a heartbeat away.

2010 Heart Smart Educational Series

All seminars will be held in Classroom A, *Florida Hospital Memorial Medical Center* Medical Office Building, 305 Memorial Medical Parkway, Daytona Beach, 32117.

Friday, February 5 | 11 a.m.

Women And Heart Disease —

Beth Bartholomew, MD

Friday, February 12 | 2 p.m.

Ask The Heart Doctor — Dinesh Arab, MD

Friday, February 19 | 2 p.m.

Heart Healthy Recipes You'll Fall In Love With —

Sue Lutz, registered/licensed dietitian, and Christopher Ghalayini, executive chef, *Florida Hospital Memorial*.

Friday, February 26 | 2 p.m.

Coronary Artery Disease — Ashraf Elsagr, MD



**FLORIDA HOSPITAL
MEMORIAL MEDICAL CENTER**

A Christian mission of hope, health and healing.